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# Inter Disciplinary International Conference

on

Academic Research and Innovation in Teaching

&

Arising Inclination in Professional Education

(ARIT – AIPE 2019)

27<sup>th</sup> - 28<sup>th</sup> December, 2019

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## Need and Scope of Innovation In Home –Economics

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### Abstract

*Home –Economics is a vast subject, and its branches are broad. This subject covers each and every part of life. This subject not only teaches us about the life, but it also helps us to set our career. The development of a person to be professionally, technically and academically trained is the main motive of Home –Economics. If we deeply study Food and Nutrition, then there is a huge scope in Dietetics and Dietitian. In textile also there is each and every information about every type of loom, knitting machines, each and every aspect of fabric manufacturing, that's why there is a wide scope in fabric designing, color designing, house designing. In extension education there is a huge scope in youth development, leadership development, and rural development. In family resource management from financial management, purchasing management to office management there is great scope to set our career. Consumer Economics and Human Relationship are very important topic in this modern era.*

### Introduction

Home-Economics is an ancient subject. Its broad areas of concern revolve around the goal of helping families meet their basic needs and realize satisfying personal, family and community goals based on an understanding of the physical, psychological and socio-economic needs of the family.

It was these pioneering women who first set out the seven areas of home economics in an effort to teach girls how to properly care for a home and family and to open new career avenues. Now known as family and consumer science according to the Los Angeles Times, modern home economics courses now offer a more inclusive education to all students, including those in their life.

The main goal of home economics is to train persons to be professionally and academically competent in imparting technical and vocational skills to students at different levels of the educational system. Home economics has played other roles in society. The main branches of home economics are

- Food and Nutrition
- Textile
- Human development
- Family resource management
- Extension education
- Consumer economics
- Human relationship

These are the main branches of home economics. Home economics helps people to maintain their homes and organize their lives. This term was formerly used to describe female domestic work, but nowadays, the definition of home economics has been expanded due to the increased influence of households on the national economy. Now a days there is a wide scope of career in the various branches of Home economics. Therefore having knowledge about it is very important

### Objectives of the study:

- 1) To show that Home-Economics touches each and every part of our life.
- 2) To explain that Home –Economics teaches us to live our life in a better way.
- 3) To explain that there is a wide scope in this career field if we innovate new things.
- 4) To show that if we will develop this subject then this will become a powerful subject.

### Recent scope of Food and Nutrition.

Nutrition is the study of nutrients in food, how the body uses nutrients, and the relationship between diet, health, and disease. There is a lot of overlap between what nutritionists and dietitians do and study. Some nutritionists work in a healthcare setting, some dietitians work in the food industry, but a higher percentage of nutritionists work in the food industry and in food science and technology, and a higher percentage of dietitians work in healthcare, corporate wellness, research, and education.

Educational qualifications required: B.Sc. in Home Science (Food and Nutrition) or B.Sc. in Nutrition and Dietetics or other relevant B.Sc. course. After B.Sc., one must also complete M.Sc. or PG Diploma in Clinical Nutrition or Food & Nutrition internship stint at any one of the many hospitals recognized by the IDA OR possess 2 years work experience at any multidisciplinary hospital as a dietician.

- Diploma courses in food and nutrition
- Diploma in Dietetics
- Diploma in Nutrition and Dietetics
- Diploma in Food Science and Nutrition
- Diploma in Dietetics and Clinical Nutrition
- Diploma in Nutrition and Food Technology
- Textile

Textile designers are the trained professionals having sound technical knowledge of each and every aspect of fabric manufacturing. Textile designer must have knowledge of yarn making, weaving, knitting, dyeing, finishing processes, and also knowledge about different types of looms, knitting machines and printing processes. Any textile designer can work for creating textile to be used in one or both of these categories and these all steps are in textile the branch of Home-Economics

A textile designer can be employed in the garment, fashion, home furnishing and the interiors segment among other industries. Specifically in garments there is Fashion Designing, Garment Designing, Textile Designing, Cloth Design and Fabric design. Export houses employ a good number of textile designers in the form of designers or merchandisers. .

- Job Profile of a Textile Designer:
- Fabric Designing
- Cloth Designing
- Color Specialists
- Fashion Designing
- In house designing

#### Extension education

Extension Home Economics is program for the homemaker. It reflects the needs of contemporary living, with emphasis on consumer education, management, and family economics. It is the home economist in the county Extension office who carries this educational program to homemakers. They are professionally trained, hold a college degree and may be studying for another. These specialists are trained in nutrition, family economics, home management, housing and home furnishings, clothing and textiles, human relations, child development, and other fields.

#### Recent scope in extension education

It includes all activities of rural development. So extension programmers should be dynamic and flexible. The areas indicating scope of Extension are listed below:

- Increasing efficiency in agricultural production.
- Increasing efficiency in marketing, distribution and utilization of agricultural inputs and outputs
- Conservation, development and use of natural resources.
- Proper farm and home management
- Better family living.
- Youth development.
- Leadership development.
- Community and rural development.
- Improving public affairs for all round development.

#### Family ResourceManagments

Management education helps the homemaker consider family life as a whole and the ways that family goals can be reached. we learns to apply the "decision-making process" in Our daily life.Through home management education, a home- maker learns to make efficient use of time, energy, and money, for better living for all the family Housing and Home Furnishings The homemaker hopes to create an environment in which she and her family can develop their highest potential. Extension programs teach her the economic and social aspects of housing, how to plan space requirements, how to create home beauty and comfort. She learns how to select durable, labor-saving, and attractive furnishings and equipment at a price that fits the family budget.

- Recent Scope Of Management
- Human Resource Managements.



- Marketing Management:
- Production Management:
- Material Management:
- Purchasing Management:
- Maintenance Management:
- Office Managements

### Consumer Economics

Extension provides unbiased consumer information that will help families get the most satisfaction from the money they spend for goods and services. It also helps homemakers make better use of the things they buy. Home economists teach them how to use credit wisely, show them how our economic system functions — how it affects them as consumers.

Young people are important consumers. Home economics programs help them think through their values and learn to consider the budget needs of the rest of the family.

### Human Relationship

From Extension home economists, homemakers learn about the growth of individuals and their relationships with others. They study the whole person, the whole family, and the whole community.

Programs include teaching parents more about . . .

- Children, with emphasis on their developmental needs and tasks in a changing society.
- Family relationships at different stages in the life cycle.
- Community resources that can help them.

Basically Home-Economics is very important subject and there is a need to innovate something new in it because it is the back bone of our life. Therefore if we will make some innovations in it then this subject will immerge as a powerful subject.

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