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The study of Co-relation between Physical fitness And Personality of Kabbadi Player

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Abstract

The objective of the research is to study co-relation between Physical fitness and personality of kabbadi player. Sample consisted of 40 students. The subjects were select simple Random sampling method and the age of 14-16 year. It hypothesized that there will be positive co-relation between Physical fitness and personality of kabbadi player. Physical fitness component were collected from AAHPER Youth fitness and Personality scale by Dr .PF Aziz and Rekha Agnihotri was admistriated. Statistical procedure such as Mean, SD, product momement co-relation.

Introduction

The concept of Personality as complex but unified process is a contribution of modern empirical psychology. The most characteristics integration of individual structure modes of behavior, interests, attitudes, capacities, abilities and aptitudes. A man's personality is the total picture of his organized behavior. The physical, cultural and social environment all plays such an influential part in personality formation

Methodology:

The objective of the research is to study co-relation between Physical fitness and personality of kabbadi player .Sample consisted

of 40 students, from Nilkanth Vidyala.
Budhwara Amravaati.. The Boys were selected simple randomly in the age of 14-16 year.

Hypothesis: There will be positive corelation between Physical fitness and personality of kabbadi player.

Tool: Personality scale by Dr PF Aziz and Rekha-Agnihotri Physical fitness measure AAHPER Youth fitness validity .84, Reliability .93. Description

Table-1
Physical fitness of kabbadi player Boys

Items -	Mean	S.D
Pull ups	5.324	2.356
Bend knee sit-ups	18.00	5.230
Shuttle Run	10.51	0.980
S.B.Jump	6.711	0.595
50 yard Dash	7.33	1.073
600Run and Walk	1.730	0.3193

Table No- 2 shows that Mean score Full ups (5.324) and SD (2,356). Mean score Full ups (5.324) and SD (2,356). Mean score Fundamental SD (5.230) Mean score of Shuttle Run (10.51) and SD (0.980) Mean of S.B (6.711)S.D(0.596). Mean score of 50 yard Dash (7.33) and SD (1.073). Mean score 600Run and Walk (1.730) and SD (0.3193).

Table-2

Co-relation value of Introvert Personality

٦.	O relation	Value of	microvert	Cisonant
	Subjects	Df (N-1)	Co- relation	Tabulated value
I	14	13	0.4318	0.1699

Table shows that Introvert Personality of kabbadi player boy's 14 numbers. The value of co-relation-o.4318 .Tabulated value 0.1699 .At 0.05 level of significance that there is no significant difference in Introvert Personality

Table-3
Co-relation value of Ambivert Personality

			ciconant
Subjects	Df (N-1)	Co- relation	Tabulated value
15	14	0.01699	.497

Table shows that Ambivert Personality of kabbadi player boy's 15 numbers. The value

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of co-relation-0.01699Tabulated value .497 .At $_{
m 0.05}$ level of significance that there is no significant difference in Ambivert Personality

Table-4

Co-relation value of Extrovert Personality

0-161911011	value of	LALIOVCIC		١.
Subjects	Df (N-1)	Co- relation	Tabulated value	
11	10	0.516565	.576	

Table shows that Extrovert Personality of kabbadi player boy's 11 numbers. The value of co-relation-0.0516565. Tabulated value. 576. At 0.05 level of significance that there is no significant difference in Extrovert Personality.

Table-5 Co-relation of Physical fitness

	Co-relation of riffstear in				
1	Subjects	Df (N-1)	Co- relation	Tabulated value	
	40	39	0.2617	* 3.25	

Table shows that numbers of .boys 40. The value of co-relation-0.2617. Tabulated value 3.25.At 0.05 level of significance that there is no significant difference in Physical fitness.

Conclusion

The finding of this study shows that There is no significant different in Introvert Personality There is no significant different in Ambivert Personality. There is no significant different in Extrovert Personality. There is no positive corelation between Physical fitness and personality of kabbadi player.

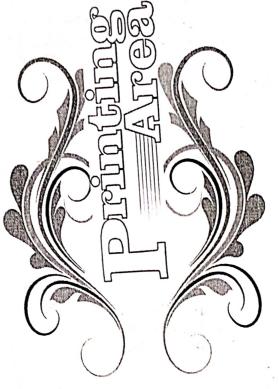
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